

# How Can I Help? *Volunteer Opportunities*

## **Alta Bates Summit Medical Center**

2450 Ashby Ave. Berkeley 94705  
510-204-1695 (adult) / 510-204-2032 (collegiate) M-F 8:30-4:30  
[www.altabatesummit.org/how/volunteer.html](http://www.altabatesummit.org/how/volunteer.html)  
Volunteers work at varied tasks in a hospital setting. Commitment of 100 hours per year. College student volunteer program.

## **Bay Area Volunteer Information Center**

[www.volunteerinfo.org](http://www.volunteerinfo.org)  
Online database of non-profit organizations seeking volunteers. Searchable by area and specialty.

## **Berkeley Animal Care Shelter**

1 Bolivar Dr. Berkeley 94710  
510-981-6600 [www.ci.berkeley.ca.us/animalservices](http://www.ci.berkeley.ca.us/animalservices)  
Volunteers help with being a dog/cat friend, dog socializing, in-home foster car, grooming, etc.

## **Berkeley Humane**

2700 9<sup>th</sup> St. Berkeley 94710  
510-845-7735 ex. 202 [www.berkeleyhumane.org/volunteer](http://www.berkeleyhumane.org/volunteer)  
Volunteers help with animal socialization, administrative support, mobile adoption help, etc.

## **Berkeley Food and Housing Project**

1901 Fairview St. Berkeley 94703  
510-318-6606 [bfhp.org/get-involved/](http://bfhp.org/get-involved/)  
Individual or group volunteers assist staff with client facilities and with programs including community meals and collection drives.

## **Berkeley Neighborhood Food Project**

1600 Sacramento St. Berkeley 94702  
510-525-2280 [www.berkeleyfoodpantry.org](http://www.berkeleyfoodpantry.org)  
Volunteers pack and deliver food, help guests during drives and manage records. 6 month commitment requirement.

## **Berkeley Free Clinic**

2339 Durant Ave. Berkeley 94704  
510-548-2570 [www.berkeleyfreeclinic.org](http://www.berkeleyfreeclinic.org)  
Clinic services are provided by trained volunteers, including health and dental care, counseling, and information and referral. Orientations provided four times a year to get involved.

## **Berkeley Path Wanderers Association**

[info@berkeleypaths.org](mailto:info@berkeleypaths.org) (email for volunteer information)  
[www.berkeleypaths.org](http://www.berkeleypaths.org)  
Volunteers lead path walks, identify and map paths, and help restore and maintain paths, lanes, and public steps.

## **Berkeley Public Library**

2090 Kittredge St. Berkeley 94704  
510-981-6105 [www.berkeleypubliclibrary.org/about/volunteer](http://www.berkeleypubliclibrary.org/about/volunteer)  
Volunteers help as guides, technology helpers and computer class helpers among other activities. Minimum commitment of 2 hours per week for 3 months.

## **Berkeley Public Schools**

2020 Bonar St. Suite 130 Berkeley 94702  
510-644-8833 M-F 9-5 [www.berkeleypublicschoolsfund.org/volunteer](http://www.berkeleypublicschoolsfund.org/volunteer)  
Volunteers help in classrooms, homework centers, gardens, and libraries, for pre-k through high school. One-semester commitment, 2 hours per week.

## **Berkeley READS Adult Literacy Program**

1125 University Ave. Berkeley 94702  
510-981-6299  
[www.berkeleypubliclibrary.org/library/literacy-berkeley-reads](http://www.berkeleypubliclibrary.org/library/literacy-berkeley-reads)  
Volunteer opportunities for one-on-one literacy tutors, computer lab tutors and outreach assistants. Minimum commitment of 2-4 hours a week for 6 months.

## **Berkeley Youth Alternatives (BYA)**

1255 Allston Way Berkeley 94702  
510-845-9010 [www.byaonline.org/volunteers](http://www.byaonline.org/volunteers)  
Volunteers work with youth as mentors or afterschool tutors as well as in gardening, sports and fitness and public relations departments.

## **Botanical Garden (UC Berkeley)**

200 Centennial Dr. Berkeley 94720  
510-643-7265 [botanicalgarden.berkeley.edu/volunteer](http://botanicalgarden.berkeley.edu/volunteer)  
Volunteers help as ambassadors and docents, in the gift shop, library and with garden maintenance, curation and propagation. Minimum commitment of 3 hours a week for 1 year.

## **Computer and Technology Resource Center**

620 Page St. Berkeley 94710  
415-883-1428 [www.ewastecollective.org/volunteer-opportunities](http://www.ewastecollective.org/volunteer-opportunities)  
Volunteers sort electronics and learn to identify components. Novato location trains volunteers in rebuilding donated computers.

## **Crisis Support Services of Alameda County**

510-420-2460 [www.crisissupport.org](http://www.crisissupport.org)  
24-hour crisis line staffed by trained volunteers under professional supervision. Volunteers must be 21 or older. Requires 3-4 months training. Minimum commitment of 4 hours a week for 1 year.

## **Dorothy Day House**

925-519-9881 [www.dorothydayhouse.org/volunteer.html](http://www.dorothydayhouse.org/volunteer.html)  
Volunteers help with meals, hospitality services, and support services for homeless people.

## **Daily Bread Project/Milk for Kids Project**

510-526-3123  
Volunteers pick up and transport surplus food from local restaurants, grocery stores, gardens, and bakeries directly to emergency food kitchens; also delivers "Milk for Kids" to local shelters. Minimum 1 hour per week commitment.



This list is provided by the Berkeley Information Network (BIN)

Serving the Berkeley Community since 1980

Berkeley Public Library 2090 Kittredge St. Berkeley, CA 94704

510-981-6148 TTY 510-548-1240 <http://www.berkeleypubliclibrary.org>

Updated 9/17

# How Can I Help? *Volunteer Opportunities*

## **East Bay Regional Park District**

2950 Peralta Oaks Ct. Oakland 94605  
510-544-2515 [www.ebparks.org/about/getinvolved/volunteer](http://www.ebparks.org/about/getinvolved/volunteer)  
Volunteers help with trail safety patrol, trail maintenance, plant propagation, and many other park activities.

## **Ecology Center**

2530 San Pablo Ave. Berkeley 94702  
510-548-2220 ext. 235 [www.ecologycenter.org/getinvolved/](http://www.ecologycenter.org/getinvolved/)  
Volunteers assist with administrative and other responsibilities in the store, at farmers' markets, and special events. Training as needed. Time commitment varies.

## **English in Action (EIA)**

YWCA Berkeley 2600 Bancroft Way Berkeley 94704  
510-843-9716 [www.ywca-berkeley.org](http://www.ywca-berkeley.org)  
Native English speakers volunteer for one hour a week for conversational practice with English language learners.

## **Friends of the Berkeley Public Library**

2090 Kittredge St. Berkeley 94704  
510-841-5604 [www.berkeleylibraryfriends.org](http://www.berkeleylibraryfriends.org)  
Volunteers sort books, staff bookstore, fulfil online sales and pick up donations.

## **Friends of Five Creeks**

1236 Oxford St. Berkeley 94709  
510-848-9358 [www.fivecreeks.org](http://www.fivecreeks.org)  
Monthly volunteer work parties restoring vegetation and wildlife habitats, water quality monitoring and building trails and corridors.

## **Lavender Seniors of the East Bay**

1395 Bancroft Ave, San Leandro, CA 94577  
510-667-9655 [www.lavenderseniors.org](http://www.lavenderseniors.org)  
Volunteers assist with lunch programs, fundraising, office work and providing friendly visits to seniors.

## **Legal Assistance for Seniors – Health Insurance Counseling and Advocacy Program (HICAP)**

333 Hegenberger Rd Suite 850 Oakland CA 94621  
510-839-0393 [www.lashicap.org](http://www.lashicap.org)  
Trained volunteers help people on Medicare make informed decisions about health insurance. Minimum 1 year commitment.

## **Meals on Wheels Berkeley**

1900 6<sup>th</sup> St. Berkeley 94710  
510-981-5250 [www.ci.berkeley.ca.us/seniors](http://www.ci.berkeley.ca.us/seniors)  
Volunteers deliver hot meals to seniors. Lunches are picked up at north Berkeley Senior Center for distribution.

## **Oakland Museum of California**

1000 Oak St. Oakland 94607 [www.museumca.org/volunteer](http://www.museumca.org/volunteer)  
[volunteer@museumca.org](mailto:volunteer@museumca.org) (no phone calls)  
Volunteers assist with events, office work and more. 1 day commitment. See website for details.

## **Rebuilding Together Albany-Berkeley-Emeryville**

3318 Adeline St. Berkeley 94703  
510-644-8979 [www.rtebn.org](http://www.rtebn.org)  
On Saturdays in April, volunteers rehabilitate homes for low-income and disabled home owners. Volunteers also help year-round with administrative and planning tasks.

## **Shorebird Nature Center**

160 University Ave. Berkeley Marina Berkeley 94710  
510-981-6720 [www.cityofberkeley.info/shorelinecleanup](http://www.cityofberkeley.info/shorelinecleanup)  
Volunteers may help with one-time events (beach cleanup, gardening, playground construction) or ongoing projects (Bay Interpretive Training Program). Ongoing docent training.

## **Spiral Gardens**

2850 Sacramento St. Berkeley 94702  
[info@spiralgardens.org](mailto:info@spiralgardens.org) [www.spiralgardens.org](http://www.spiralgardens.org)  
Volunteers may help at the Urban Garden Center (urban farm, produce stand, harvesting backyard fruit trees, etc.). Harvest goes to homeless and elderly members of the community and to volunteer gardeners. E-mail beforehand or just show up.

## **St.Vincent de Paul**

510-638-7600 [www.svdp-alameda.org/get-involved/volunteer.html](http://www.svdp-alameda.org/get-involved/volunteer.html)  
Variety of volunteer opportunities at various locations, including Dining Room, Community and Drop-in Centers, and Job Club.

## **Tax-Aide Volunteer Program (AARP)**

1-888-227-7669 [www.aarp.org/money/taxaide](http://www.aarp.org/money/taxaide)  
Volunteers of all ages provide free tax preparation assistance at local libraries and senior centers. Seven-day training session in January (apply by Dec 15<sup>th</sup>). Minimum commitment of 4 hours per week during tax season (Feb-April 15<sup>th</sup>).

## **Tele-Care Program**

Herrick Hospital 2001 Dwight Way Berkeley 94704  
510-204-4487 [www.altabatessummit.org/community/telecare.html](http://www.altabatessummit.org/community/telecare.html)  
Volunteers make cheerful, daily telephone calls (from the Tele-Care office) to people who are home-bound, convalescing, or elderly. Volunteers also provide office assistance. 16 and older.

## **Women's Cancer Resource Center**

5741 Telegraph Ave. Oakland 94609  
510-601-4040 [www.wcrc.org](http://www.wcrc.org)  
Volunteers work at the Helpline, library, office, Programa Latino, or give in-home emotional and practical support to people with cancer. 6 month minimum commitment. Training provided.

## **Women's Daytime Drop-in Center**

2218 Acton St. Berkeley 94702  
510-548-2884 [www.womensdropin.org](http://www.womensdropin.org)  
Volunteers help with hospitality, lunch preparation, clerical and computer work, gardening, etc., in this daytime refuge for homeless women and their children.



This list is provided by the Berkeley Information Network (BIN)

Serving the Berkeley Community since 1980

Berkeley Public Library 2090 Kittredge St. Berkeley, CA 94704

510-981-6148 TTY 510-548-1240 <http://www.berkeleypubliclibrary.org>

Updated 9/17