

How Can I Help? *Volunteer Opportunities*

Alta Bates Summit Medical Center

2450 Ashby Ave. Berkeley 94705
510-204-1695 (adult) / 510-204-2032 (collegiate) M-F 8:30-4:30
www.altabatesummit.org/how/volunteer.html
Volunteers work at varied tasks in a hospital setting. Commitment of 100 hours per year. College student volunteer program.

Bay Area Volunteer Information Center

www.volunteerinfo.org
Online database of non-profit organizations seeking volunteers. Searchable by area and specialty.

Berkeley Animal Care Shelter

1 Bolivar Dr. Berkeley 94710
510-981-6600 www.ci.berkeley.ca.us/animalservices
Volunteers help with being a dog/cat friend, dog socializing, in-home foster car, grooming, etc.

Berkeley Humane

2700 9th St. Berkeley 94710
510-845-7735 ex. 202 www.berkeleyhumane.org/volunteer
Volunteers help with animal socialization, administrative support, mobile adoption help, etc.

Berkeley Food and Housing Project

1901 Fairview St. Berkeley 94703
510-318-6606 bfhp.org/get-involved/
Individual or group volunteers assist staff with client facilities and with programs including community meals and collection drives.

Berkeley Neighborhood Food Project

1600 Sacramento St. Berkeley 94702
510-525-2280 www.berkeleyfoodpantry.org
Volunteers pack and deliver food, help guests during drives and manage records. 6 month commitment requirement.

Berkeley Free Clinic

2339 Durant Ave. Berkeley 94704
510-548-2570 www.berkeleyfreeclinic.org
Clinic services are provided by trained volunteers, including health and dental care, counseling, and information and referral. Orientations provided four times a year to get involved.

Berkeley Path Wanderers Association

info@berkeleypaths.org (email for volunteer information)
www.berkeleypaths.org
Volunteers lead path walks, identify and map paths, and help restore and maintain paths, lanes, and public steps.

Berkeley Public Library

2090 Kittredge St. Berkeley 94704
510-981-6105 www.berkeleypubliclibrary.org/about/volunteer
Volunteers help as guides, technology helpers and computer class helpers among other activities. Minimum commitment of 2 hours per week for 3 months.

Berkeley Public Schools

2020 Bonar St. Suite 130 Berkeley 94702
510-644-8833 M-F 9-5 www.berkeleypublicschoolsfund.org/volunteer
Volunteers help in classrooms, homework centers, gardens, and libraries, for pre-k through high school. One-semester commitment, 2 hours per week.

Berkeley READS Adult Literacy Program

1125 University Ave. Berkeley 94702
510-981-6299
www.berkeleypubliclibrary.org/library/literacy-berkeley-reads
Volunteer opportunities for one-on-one literacy tutors, computer lab tutors and outreach assistants. Minimum commitment of 2-4 hours a week for 6 months.

Berkeley Youth Alternatives (BYA)

1255 Allston Way Berkeley 94702
510-845-9010 www.byaonline.org/volunteers
Volunteers work with youth as mentors or afterschool tutors as well as in gardening, sports and fitness and public relations departments.

Botanical Garden (UC Berkeley)

200 Centennial Dr. Berkeley 94720
510-643-7265 botanicalgarden.berkeley.edu/volunteer
Volunteers help as ambassadors and docents, in the gift shop, library and with garden maintenance, curation and propagation. Minimum commitment of 3 hours a week for 1 year.

Computer and Technology Resource Center

620 Page St. Berkeley 94710
415-883-1428 www.ewastecollective.org/volunteer-opportunities
Volunteers sort electronics and learn to identify components. Novato location trains volunteers in rebuilding donated computers.

Crisis Support Services of Alameda County

510-550-8240 www.crisissupport.org
24-hour crisis line staffed by trained volunteers under professional supervision. Volunteers must be 21 or older. Requires 3-4 months training. Minimum commitment of 4 hours a week for 1 year.

Dorothy Day House

510-466-5553 www.dorothydayhouse.org/volunteer.html
Volunteers help with meals, hospitality services, and support services for homeless people.

Daily Bread Project/Milk for Kids Project

510-526-3123
Volunteers pick up and transport surplus food from local restaurants, grocery stores, gardens, and bakeries directly to emergency food kitchens; also delivers "Milk for Kids" to local shelters. Minimum 1 hour per week commitment.



This list is provided by the Berkeley Information Network (BIN)

Serving the Berkeley Community since 1980

Berkeley Public Library 2090 Kittredge St. Berkeley, CA 94704

510-981-6148 TTY 510-548-1240 <http://www.berkeleypubliclibrary.org>

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East Bay Regional Park District

2950 Peralta Oaks Ct. Oakland 94605

510-544-2515 www.ebparks.org/about/getinvolved/volunteer

Volunteers help with trail safety patrol, trail maintenance, plant propagation, and many other park activities.

Ecology Center

2530 San Pablo Ave. Berkeley 94702

510-548-2220 ext. 235 www.ecologycenter.org/getinvolved/

Volunteers assist with administrative and other responsibilities in the store, at farmers' markets, and special events. Training as needed. Time commitment varies.

English in Action (EIA)

YWCA Berkeley 2600 Bancroft Way Berkeley 94704

510-843-9716 www.ywca-berkeley.org

Native English speakers volunteer for one hour a week for conversational practice with English language learners.

Friends of the Berkeley Public Library

2090 Kittredge St. Berkeley 94704

510-841-5604 www.berkeleylibraryfriends.org

Volunteers sort books, staff bookstore, fulfil online sales and pick up donations.

Friends of Five Creeks

1236 Oxford St. Berkeley 94709

510-848-9358 www.fivecreeks.org

Monthly volunteer work parties restoring vegetation and wildlife habitats, water quality monitoring and building trails and corridors.

Lavender Seniors of the East Bay

1814 Franklin St. Suite 400 Oakland 94612

510-667-9655 www.lavenderseniors.org

Volunteers assist with lunch programs, fundraising, office work and providing friendly visits to seniors.

Legal Assistance for Seniors – Health Insurance Counseling and Advocacy Program (HICAP)

1970 Broadway Suite 300 Oakland 94612

510-839-0393 www.lashicap.org

Trained volunteers help people on Medicare make informed decisions about health insurance. Minimum 1 year commitment.

Meals on Wheels Berkeley

1900 6th St. Berkeley 94710

510-981-5250 www.ci.berkeley.ca.us/seniors

Volunteers deliver hot meals to seniors. Lunches are picked up at north Berkeley Senior Center for distribution.

Oakland Museum of California

1000 Oak St. Oakland 94607 www.museumca.org/volunteer

volunteer@museumca.org (no phone calls)

Volunteers assist with events, office work and more. 1 day commitment. See website for details.

Rebuilding Together Albany-Berkeley-Emeryville

3318 Adeline St. Berkeley 94703

510-644-8979 www.rtebn.org

On Saturdays in April, volunteers rehabilitate homes for low-income and disabled home owners. Volunteers also help year-round with administrative and planning tasks.

Shorebird Nature Center

160 University Ave. Berkeley Marina Berkeley 94710

510-981-6720 www.cityofberkeley.info/shorelinecleanup

Volunteers may help with one-time events (beach cleanup, gardening, playground construction) or ongoing projects (Bay Interpretive Training Program). Ongoing docent training.

Spiral Gardens

2850 Sacramento St. Berkeley 94702

info@spiralgardens.org www.spiralgardens.org

Volunteers may help at the Urban Garden Center (urban farm, produce stand, harvesting backyard fruit trees, etc.). Harvest goes to homeless and elderly members of the community and to volunteer gardeners. E-mail beforehand or just show up.

St.Vincent de Paul

510-638-7600 www.svdp-alameda.org/get-involved/volunteer.html

Variety of volunteer opportunities at various locations, including Dining Room, Community and Drop-in Centers, and Job Club.

Tax-Aide Volunteer Program (AARP)

1-888-227-7669 www.aarp.org/money/taxaide

Volunteers of all ages provide free tax preparation assistance at local libraries and senior centers. Seven-day training session in January (apply by Dec 15th). Minimum commitment of 4 hours per week during tax season (Feb-April 15th).

Tele-Care Program

Herrick Hospital 2001 Dwight Way Berkeley 94704

510-204-4487 www.altabatessummit.org/community/telecare.html

Volunteers make cheerful, daily telephone calls (from the Tele-Care office) to people who are home-bound, convalescing, or elderly. Volunteers also provide office assistance. 16 and older.

Women's Cancer Resource Center

5741 Telegraph Ave. Oakland 94609

510-601-4040 www.wcrc.org

Volunteers work at the Helpline, library, office, Programa Latino, or give in-home emotional and practical support to people with cancer. 6 month minimum commitment. Training provided.

Women's Daytime Drop-in Center

2218 Acton St. Berkeley 94702

510-548-2884 www.womensdropin.org

Volunteers help with hospitality, lunch preparation, clerical and computer work, gardening, etc., in this daytime refuge for homeless women and their children.

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